



Dallas County Conservation Board eNews

July 15, 2019
Volume 2, Issue 29



News & Events (more details on the [DCCB webpage](#))

Iowa Native Bees

Saturday, July 20, 1:30 p.m.—3:00 p.m. at Forest Park Museum

Preregistration is required for this free program.

Native bees are the unsung, often unnoticed and unfortunately, increasingly rare heroes of the pollination process. Join Lynne Campbell from ISU Extension to learn more about these vital insects, where to find them, how to identify some, and simple things you can do to attract and provide housing for them.

Butterfly Surveys

May—September at Forest Park Museum

To occur on warm (70 + degrees), sunny, calm days.

Walk along with a naturalist to see, identify and count butterflies along a dedicated 1.5-mile survey route that starts and ends at Forest Park Museum. In 2018, the survey was completed 16 times between May 16 and September 4, with 493 butterflies from 19 different species being counted. Call to learn more about voluntary training programs or to be put on the contact list for this free, recurring volunteer opportunity.

Healthy and Homemade Workshop Series with ISU Extension and Outreach

A series focused on strategies for using your time, money and skills wisely to save money and prepare nutritious and safe foods. Discover how planning can reduce stress, save money, and provide your family nutritious home-cooked meals.

Cooking for One or Two - Sunday, July 21, 1:30-2:30 PM

Preregistration required (515-465-3577), \$5/class materials fee payable at the door

Learn strategies to make the most out of cooking for a household of one or two. More than 29% of households in Iowa are inhabited by a single person. Households of two persons or fewer are now the norm in this state. If you don't have many people to prepare meals for in your home, you might find it hard to stay motivated to plan, buy, and prepare healthy food. We will discuss ideas for making quick, healthy, low-cost and delicious meals in small quantities. You'll leave the class with one- and two-serving recipes, grocery lists, and meal plans. Learn how to make at-home meals something to look forward to!

Cook Now, Enjoy Later - Sunday Aug. 11, 1:30-2:30 PM

Preregistration required (515-465-3577), \$5/class materials fee payable at the door

Do you feel you have no time to cook? You're not alone. Most people agree that making meals at home is healthier and less costly than eating out and buying ready-made meals, yet only one in three Americans find the time to cook their meals at home on a daily basis. If you feel crunched for time, why not try batch cooking? Learn how to prepare several meals efficiently in just one morning or afternoon and then freeze them to serve the following week or month. You'll go home with a complete guide for making up to 18 healthy, delicious meals at once, at a cost of about \$1 per serving! (No actual cooking will be done in class.)

Pioneer Day

Wednesday, July 24, 10:30 a.m.—12:30 p.m. at Forest Park Museum

Pre-registration is appreciated

Get ready to rustle up our pushcart and little red covered wagons as you recreate some aspects of hitting the Pioneer Trail! There will be family friendly activities throughout the museum and grounds, and you are welcome to bring a picnic lunch to enjoy. Some activities weather dependent.

The Divine Sarah with author Henry Gurr

Sunday, July 28, 1:30 p.m. at Forest Park Museum

Henry Gurr has spent 16 years exploring the history of Robert Pirsig's classic *Zen and the Art of Motorcycle Maintenance*. In this time, Mr. Gurr has discovered that Dallas County native Sarah Winifred Jennings Vinke played a pivotal role in shaping Pirsig's awareness of the Ancient Greek "Arete" and focused his attention on "Quality". Gurr will be at Forest Park Museum for a meet and greet and to discuss *The Divine Sarah*.

Musical Instruments of the Past

Sunday, July 28, 1:30 p.m. at Forest Park Museum

A 15 minute up close look at the unique musical instruments housed at Forest Park Museum.

Animal Feedings

Most Mondays, 10:00 a.m. at Forest Park Museum

Free but call ahead to confirm

Join us for a chance to see our snake collection eat their tasty weekly meal and learn about the other Dallas County critters in our live collection. These underappreciated critters play important roles in our ecosystems and have some "superpowers" to share.

Dallas County Conservation Board is on Facebook & Instagram



Stay up-to-date on programs, events, and news. [Follow](#) along for fun photos, throwback memories, and current conditions. Watch the seasons change throughout all of the Dallas County Conservation Board sites.

My County Parks Reservations



A few weekends are still open for tent sites, cabins, and lodges. Fall booking is open now, too. Many Dallas CCB sites including the Sportsman Park cabins, lodge, and camping, plus Glissman Lodge and Dayton Stagecoach Inn are available on the [My County Parks](#) online reservation system. Weekly rentals still require a phone call to our office at 515-465-3577. Sportsman rentals available year-round. Glissman and Dayton are closed in winter, but may be available through November weather permitting, call our office to check availability.

Seasonal Hours for Dallas County Parks: May 1 – October 31

Online Reservations: www.mycountyparks.com

Sportsman Park, Dawson: 8:00 a.m. – 10:00 p.m. daily. Reservations for campground, cabins and lodge. Primitive and modern camping allowed on a first come, first served basis.

Dayton Stagecoach Inn: A restored historic 1868 lodge available as a secluded rental house south of Bouton. Check availability online at [My County Parks](#).

Glissman Lodge: Southwest of Adel, this rental can sleep 8. Enjoy views from the porch and fishing in the pond. Check availability online at [My County Parks](#)

Kuehn Conservation Area, Earlham: ½ hour before sunrise to 10:00 p.m. daily. Restroom facilities open. Primitive camping allowed on first come, first serve basis. Primitive campsite #1 can be reserved.

Voas Nature Area, Minburn: ½ hour before sunrise to 10:00 p.m. daily. Restroom facilities open.

Hanging Rock, Redfield: 8:00 a.m. – 10:00 p.m. daily. Reservations accepted for the shelter.

Trindle Park, Van Meter: 8:00 a.m. – 10:00 p.m. daily. Reservations accepted for the shelter.

MUSEUMS: FREE! No fees to visit!

Forest Park Museum, Perry: Monday-Friday ~8:00 a.m. – 4:30 p.m. and Saturday, Sunday, and Holidays ~1:00 p.m. – 4:30 p.m. (Closed July 4th)

Voas Rock & Mineral Museum near Minburn: Open by appointment and during programming.

Grand Army of the Republic, Redfield: Open by appointment.

For more information or to register for any of our programs contact:

Dallas County Conservation Board, 14581 K Avenue, Perry, IA 50220

Office Hours: M-F 8:00 a.m. – 4:30 p.m.

email: conservation@dallascountyiowa.gov phone: (515)-465-3577

www.dallascountyiowa.gov/conservation

To update an email address or unsubscribe from the weekly eNews please contact DCCB.