



Perry Elementary School Menu October 2019



Elementary Meal Prices Students

**Breakfast:
Free to Students**

**Lunch: \$2.65 Full Pay
\$.40 Reduced
Extra Milk: \$.45**

Adult & Visitors

**Breakfast: \$1.95
Lunch: \$3.80**



Milk is served with all meals. Fruit and/or 100% Fruit Juice is served with breakfast. An extra milk is .45¢. Students must have money in their account to purchase an extra milk.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

Menu Subject to Change

*** Contains Pork
WG=Whole Grain
WW=Whole Wheat**

Monday	Tuesday	Wednesday	Thursday	Friday
	1-Oct	2-Oct	3-Oct	4-Oct
<u>New Applications for Free & Reduced Meals MUST be completed every School Year. Applications can be picked up and returned to any Perry School.</u>	Pancake & Sausage Wrap* Pop-Tarts Assorted Cereal	Breakfast Pizza Choc Chip Muffin/Yogurt Assorted Cereal	Dutch Waffles PBJ Jamwich Assorted Cereal	Breakfast Pizza WG Long John Assorted Cereal
	Tenderloin on Bun* Cheese Pizza Wedge Baked Beans Cauliflower Buds Celery Sticks Banana 1/2 Strawberries	Turkey Gravy/WG Roll Mashed Potatoes Hamburger on Bun Mashed Potatoes Lettuce Salad Sliced Tomatoes Mango/Pineapple Tidbits Applesauce	Chicken Egg Roll Veggie Fried Rice BBQ Riblette on Bun* Stir Fry Veg Blend Sliced Cucumbers Broccoli Florets Orange Smiles Assorted Fruit Juice	Fish Shapes w WG Roll Stuffed Crust Pepperoni Pizza* Pacific Veggie Blend Mixed Green Salad Baby Carrots Apple 1/2 Diced Peas
7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
Breakfast Pizza Belly Bears/String Cheese Assorted Cereal	Pancake & Sausage Wrap* Pop-Tarts Assorted Cereal	Breakfast Pizza Choc Chip Muffin/Yogurt Assorted Cereal	Cheese Omelet & Toast PBJ Jamwich Assorted Cereal	Breakfast Pizza WG Long John Assorted Cereal
Popcorn Chicken w/Dinner Roll Tony's Stuffed Sticks Key West Veggie Blend Lettuce Salad Broccoli Buds Assorted Fruit Juice Kiwi Fruit	Nachos w/ Meat & Cheese Pepperoni Pizza Slice* Broccoli Normandy Baby Carrots Sliced Cucumbers Fresh Pear 1/2 Tropical Mixed Fruit	Turkey & Noodles Hamburger on Bun Sweet Potato Fries Lettuce Salad Sliced Tomatoes Apple 1/2 Pineapple Tidbits	Corn Dog Lasagna Roll-Up w/Bread Stick Baked Beans Marinated Veggie Salad Baby Carrots Dried Fruit Applesauce	Pancakes w/ Sausage Patties PB&J & String Cheese Green Beans Mixed Green Salad Celery Sticks Banana 1/2 Diced Peaches
14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
Breakfast Pizza Belly Bears/String Cheese Assorted Cereal	Pancake & Sausage Wrap* Pop-Tarts Assorted Cereal	Breakfast Pizza Choc Chip Muffin/Yogurt Assorted Cereal	Dutch Waffles PBJ Jamwich Assorted Cereal	Breakfast Pizza WG Long John Assorted Cereal
Ham & Cheese* WG Pretzel Dipper Hamburger on Bun Green Beans Lettuce Salad Sliced Tomatoes Kiwi Fruit Applesauce	Crispitos Chicken Sandwich French Fries Sliced Cucumbers Baby Carrots Orange Smiles Diced Peas	Spaghetti w/Meat Sauce WW Bread Slice Pork Tenderloin on Bun* Sliced Tomato Pacific Veggie Blend Lettuce & Tomato Salad Fresh Pear 1/2 Diced Peaches	Chicken Tenders w/ Dinner Roll Hot Dog on Bun* Chuckwagon Corn Baby Carrots Baked Beans Banana 1/2 Assorted Fruit Juice	Turkey Gravy w/ Mashed Potatos & Biscuit Stuffed Crust Pepperoni Pizza* Mixed Green Salad Celery Mixed Fruit Cocktail Apple 1/2
21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
Breakfast Pizza Belly Bears/String Cheese Assorted Cereal	Pancake & Sausage Wrap* Pop-Tarts Assorted Cereal	Breakfast Pizza Choc Chip Muffin/Yogurt Assorted Cereal	Cheese Omelet & Toast PBJ Jamwich Assorted Cereal	Breakfast Pizza WG Long John Assorted Cereal
French Toast Sticks w/ Sausage Patty* Chicken Sandwich Tri-Tater Hashbrown Lettuce Salad Tomatoes Deluxe Mixed Fruit Kiwi Fruit	Nachos w/ Meat & Cheese Pepperoni Pizza Slice* Refried Beans Fresh Cauliflower Buds Baby Carrots Spiced Apples Orange Smiles	Tangerine Chicken over Brown Rice BBQ Pulled Pork on Bun* Crisp Cut Sweet Potatoes Lettuce Salad Peas Craisins Pineapple w Mandarins	Chili con Carne w/ Petite Cinnamon Roll Cruncher Cheese Sticks Green Peas Baby Carrots Sliced Cucumbers Banana 1/2 Tropical Mixed Fruit	Macaroni & Cheese w/ Dinner Roll Pizza Fiestada Green Beans Fresh Broccoli Florets Mixed Green Salad Apple 1/2 Assorted Fruit Juice
28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
Breakfast Pizza Belly Bears/String Cheese Assorted Cereal	Pancake & Sausage Wrap* Pop-Tarts Assorted Cereal	Breakfast Pizza Choc Chip Muffin/Yogurt Assorted Cereal	Dutch Waffles PBJ Jamwich Assorted Cereal	No School
Chicken Nuggets w/ WW Bread Slice Crispito Chuck Wagon Corn Lettuce Salad Seasonal Veggie Deluxe Mixed Fruit Kiwi Fruit	Tenderloin on Bun* Cheese Pizza Wedge Baked Beans Cauliflower Buds Celery Sticks Banana 1/2 Strawberries	Turkey Gravy/WG Roll Mashed Potatoes Hamburger on Bun Mashed Potatoes Lettuce Salad Sliced Tomatoes Mango/Pineapple Tidbits Applesauce	Chicken Egg Roll Veggie Fried Rice BBQ Riblette on Bun* Stir Fry Veg Blend Sliced Cucumbers Broccoli Florets Orange Smiles Assorted Fruit Juice	