

2023 IGHS AU Regional Meet-Ames - 11/4/2023**Team Rankings - Through Event 12****Women - Team Scores**

Place	School		Points
1	Ames	Ames	512
2	Sc, West	Sc, West	358
3	Carroll	Carroll	246
4	Fort Dodge	Fort Dodge	233
5	Marshalltown	Marshalltown	226
6	Perry	Perry	196
7	Boone	Boone	169
8	Oskaloosa	Oskaloosa	107
9	Dsm, Hoover	Dsm, Hoover	7
Total			2,054.00

2023 IGHSAU Regional Meet-Ames - 11/4/2023

Results - Swimming

Event 2 Women 200 Yard Medley Relay

Team	Relay	Finals Time	
1 AMES		1:48.35	40
1) Elizabeth Powers SR	2) Reese Winer SR		
3) Andra Robertson JR	4) Saylor Horras JR		
28.39	29.20	26.78	23.98
2 CARO		1:50.10	34
1) Mai Wellingerhof SR	2) Emma Myers SR		
3) Amelia Holt SR	4) Zelda DeMoss SR		
29.36	28.67	25.86	26.21
3 FTD		1:52.95	32
1) Julia Eastman JR	2) Raegan Wooldridge SR		
3) Gracie Harvey SO	4) Hailey Vogel JR		
27.86	32.66	28.29	24.14
4 SCW		1:53.02	30
1) Erin Mahoney SO	2) Brigid McGowan JR		
3) Scarlett Walsh SR	4) Maria McGowan SR		
27.76	30.55	29.18	25.53
5 BOON		1:57.77	28
1) Avery Howie FR	2) Brooke Lile JR		
3) Josalyn Elmquist SR	4) Rachel Ungs SO		
29.13	32.80	29.74	26.10
6 OSKA		2:04.93	26
1) Vivian Bolibaugh SO	2) Cora Snakenberg SO		
3) Grace Moore SR	4) Emma Adams SR		
30.92	34.37	30.78	28.86
7 MAR		2:08.12	24
1) Kate Jones SR	2) Rachel Case SO		
3) Maisie Gummert SO	4) Libby Meyer SO		
33.32	34.96	35.47	24.37
8 PERR		2:12.24	22
1) Madeline McDevitt SO	2) Addison Huntington SR		
3) Jenna Nelson SR	4) Emily Dowd SR		
37.09	36.97	30.23	27.95

Event 3 Women 200 Yard Freestyle

Name	YrSchool	Finals Time	
1 Natalie Patee	SO SCW	1:51.67	20
25.68	28.23	29.24	28.52
2 Quin Mahler-Moreno	JR PERR	1:55.28	17
26.90	28.87	29.91	29.60
3 Riley Snakenberg	JR AMES	1:56.51	16
26.86	28.96	30.17	30.52
4 Erin Mahoney	SO SCW	1:57.33	15
26.97	29.79	30.35	30.22
5 Suri Hanson	JR AMES	1:58.46	14
27.22	29.42	30.67	31.15
6 Lily Van Der Linden	SO AMES	1:59.64	13
27.94	29.93	30.74	31.03
7 Lilly Riley	SR PERR	2:05.29	12
28.90	31.23	32.69	32.47
8 Scarlett Walsh	SR SCW	2:07.40	11
29.16	31.79	33.24	33.21
9 Rachel Ungs	SO BOON	2:08.74	9
30.56	32.98	33.24	31.96
10 Addison Daniel	JR FTD	2:09.99	7
29.11	31.89	34.10	34.89

11 Maisie Gummert	SO MAR	2:10.56	6
29.92	33.06	33.89	33.69
12 Gracie Harvey	SO FTD	2:12.43	5
29.69	33.07	34.86	34.81
13 Jenna Nelson	SR PERR	2:12.62	4
30.25	33.46	34.72	34.19
14 Zelda DeMoss	SR CARO	2:12.67	3
30.22	33.28	35.30	33.87
15 Natalie Kent	SR CARO	2:13.48	2
30.78	33.23	34.98	34.49
16 Kate Jones	SR MAR	2:20.36	1
31.50	34.79	36.84	37.23
17 Mariana Dubon	JR BOON	2:23.22	
33.79	37.30	36.98	35.15
18 Tessa Gute	SO BOON	2:24.74	
32.97	38.46	38.37	34.94
19 Nora Lamb	FR OSKA	2:25.31	
32.24	35.44	38.89	38.74
20 Libby Meyer	SO MAR	2:25.66	
34.03			36.15
21 Emma Whitt	SO OSKA	2:30.07	
34.04	37.58	39.88	38.57
22 Allison Drake	FR CARO	2:40.93	
34.16	40.49	42.86	43.42

Event 4 Women 200 Yard IM

Name	YrSchool	Finals Time	
1 Andra Robertson	JR AMES	2:09.83	20
30.00	33.76	36.42	29.65
2 Addison Oelke	SO SCW	2:09.88	17
27.38	32.13	39.93	30.44
3 Reese Winer	SR AMES	2:10.62	16
29.67	34.86	35.63	30.46
4 Julia Eastman	JR FTD	2:13.03	15
28.78	33.08	39.45	31.72
5 Brigid McGowan	JR SCW	2:13.66	14
28.29	32.62	40.22	32.53
6 Mai Wellingerhof	SR CARO	2:17.27	13
29.95	32.77	42.03	32.52
7 Jaylyn Light	SO AMES	2:19.98	12
30.14	32.93	44.74	32.17
8 Sophia McDevitt	SR PERR	2:21.22	11
29.39	36.37	43.17	32.29
9 Raegan Wooldridge	SR FTD	2:25.09	9
31.82	37.98	39.72	35.57
10 Hailey Burns	SR CARO	2:26.69	7
29.15	36.10	46.43	35.01
11 Avery Howie	FR BOON	2:30.68	6
34.13	37.10	45.82	33.63
12 Claire Enabnit	FR BOON	2:31.14	5
32.53	39.55	44.36	34.70
13 Antonia Buryanek	SO SCW	2:33.31	4
30.27	37.65	48.16	37.23
14 Rachel Case	SO MAR	2:38.79	3
35.01	42.40	46.17	35.21
15 Avery Overland	JR BOON	2:40.50	2
35.50	42.92	45.69	36.39

2023 IGHSU Regional Meet-Ames - 11/4/2023

Results - Swimming

(Event 4 Women 200 Yard IM)

Name	YrSchool	Finals Time
16 Kenzie Kanis	SO OSKA	2:42.36 1
35.34 42.48 46.12 38.42		
17 Alice Carminati	SR OSKA	2:44.08
33.66 39.69 52.16 38.57		
18 Addison Huntington	SR PERR	2:44.47
36.81 45.32 44.68 37.66		
19 Karlee Pearson	FR FTD	2:48.18
40.89 41.87 47.84 37.58		
20 Meredith Kodis	SR MAR	2:57.59
38.45 46.73 52.25 40.16		
21 Morgan Bear	SO MAR	3:07.71
36.32 50.09 58.24 43.06		
--- Ella Perry	SO CARO	DQ 2:36.42
34.80 36.98 50.14 34.50		

Event 5 Women 50 Yard Freestyle

Name	YrSchool	Finals Time
1 Saylor Horras	JR AMES	24.47 20
2 Hailey Vogel	JR FTD	24.57 17
3 Emma Myers	SR CARO	24.67 16
4 Amelia Holt	SR CARO	24.69 15
5 Alex Powers	SO AMES	25.07 14
6 Averie Wittkop	SR MAR	25.13 13
7 Lesli Waltermire	SR MAR	25.39 12
8 Aleah Karolus	FR PERR	26.05 11
9 Maria McGowan	SR SCW	26.31 9
10 Leia Hernandez	FR MAR	26.51 7
11 Mady Hermesen	FR AMES	26.56 6
12 KayLynn Debates	SR SCW	26.71 5
13 Kylan Lubensky	FR FTD	27.18 4
14 Brooke Lile	JR BOON	27.56 3
15 Emily Dowd	SR PERR	28.30 2
16 Josalyn Elmquist	SR BOON	28.34 1
17 Tyla Shepstone	JR DMH	28.72
*18 Ella Walter	FR OSKA	29.01
*18 Madelyn Winekauf	JR SCW	29.01
20 Rachel Moody	SR FTD	29.09
21 Jazmine Johnson	FR PERR	29.65
22 Dani Goudie	JR BOON	29.82
23 Emma Adams	SR OSKA	29.84
24 Lydia Dose	JR CARO	29.92
25 Lydia Streeter	SR DMH	30.06
26 Lily Spangenburg	JR OSKA	30.57
--- Elise Monahan	SO DMH	DQ 29.07

Event 6 Women 100 Yard Butterfly

Name	YrSchool	Finals Time
1 Addison Oelke	SO SCW	58.48 20
27.33 31.15		
2 Elizabeth Powers	SR AMES	58.99 17
28.11 30.88		
3 Grace Aesoph	JR SCW	59.35 16
27.84 31.51		
4 Amelia Holt	SR CARO	1:01.19 15
29.04 32.15		

5 Sophia McDevitt	SR PERR	1:02.57 14
29.26 33.31		
6 Maysen Smith	JR AMES	1:02.59 13
29.21 33.38		
7 Gracie Harvey	SO FTD	1:05.09 12
30.52 34.57		
8 Kylan Lubensky	FR FTD	1:06.02 11
30.46 35.56		
9 Maya Fowler	SR AMES	1:10.42 9
31.78 38.64		
10 Alex Lasack	FR MAR	1:10.80 7
32.16 38.64		
11 Meranda Gruber	FR CARO	1:12.91 6
33.15 39.76		
12 Grace Moore	SR OSKA	1:13.95 5
34.87 39.08		
13 Tessa Gute	SO BOON	1:18.13 4
36.63 41.50		
14 Katelyn Brandhorst	SO BOON	1:18.15 3
34.52 43.63		
15 Savannah Witte	SO BOON	1:28.80 2
39.29 49.51		
--- Lydia Streeter	SR DMH	DQ DQ
--- Madelyn Winekauf	JR SCW	DFS

Event 7 Women 100 Yard Freestyle

Name	YrSchool	Finals Time
1 Natalie Patee	SO SCW	52.15 20
25.23 26.92		
2 Saylor Horras	JR AMES	54.14 17
25.49 28.65		
3 Hailey Vogel	JR FTD	54.31 16
25.81 28.50		
4 Suri Hanson	JR AMES	55.27 15
26.69 28.58		
5 Averie Wittkop	SR MAR	55.81 14
26.61 29.20		
6 Hailey Burns	SR CARO	56.13 13
26.41 29.72		
7 Lesli Waltermire	SR MAR	56.33 12
26.59 29.74		
8 Lilly Riley	SR PERR	57.71 11
28.01 29.70		
9 Mady Hermesen	FR AMES	57.76 9
27.47 30.29		
10 Aleah Karolus	FR PERR	58.16 7
28.09 30.07		
11 Rachel Ungs	SO BOON	58.22 6
27.88 30.34		
12 Leia Hernandez	FR MAR	58.40 5
28.27 30.13		
13 Antonia Buryanek	SO SCW	58.46 4
28.40 30.06		
14 KayLynn Debates	SR SCW	1:00.01 3
29.21 30.80		
15 Delaney O'Connor	JR FTD	1:00.85 2
28.38 32.47		

2023 IGHSAU Regional Meet-Ames - 11/4/2023

Results - Swimming

(Event 7 Women 100 Yard Freestyle)

Name	YrSchool	Finals Time
16 Jenna Nelson	SR PERR	1:02.03 1
29.33 32.70		
17 Mariana Dubon	JR BOON	1:03.94
30.71 33.23		
18 Josalyn Elmquist	SR BOON	1:04.28
30.78 33.50		
19 Tyla Shepstone	JR DMH	1:04.31
29.38 34.93		
20 Emma Adams	SR OSKA	1:06.33
31.19 35.14		
21 Emma Whitt	SO OSKA	1:07.74
32.47 35.27		
22 Leah Nystrom	SO CARO	1:07.95
32.78 35.17		
23 Lily Spangenburg	JR OSKA	1:09.16
32.24 36.92		
24 Allison Drake	FR CARO	1:12.70
33.87 38.83		

Event 8 Women 500 Yard Freestyle

Name	YrSchool	Finals Time
1 Riley Snakenberg	JR AMES	5:10.25 20
27.18 29.96 31.20 31.61		
31.53 31.83 31.78 31.80		
31.98 31.38		
2 Lily Van Der Linden	SO AMES	5:17.75 17
28.48 30.81 32.02 32.14		
32.52 32.39 32.31 32.66		
32.86 31.56		
3 Scarlett Walsh	SR SCW	5:32.74 16
29.30 32.50 33.17 33.46		
33.62 34.05 34.44 34.43		
34.45 33.32		
4 Olivia Knutson	SR AMES	5:40.18 15
29.63 33.05 33.31 34.19		
34.46 34.98 35.83 35.25		
35.37 34.11		
5 Maisie Gummert	SO MAR	5:51.33 14
30.94 34.48 35.50 35.46		
35.85 36.11 35.66 36.17		
35.77 35.39		
6 Maya Delgadillo	JR SCW	5:58.54 13
32.68 35.57 36.38 36.24		
36.81 37.07 36.93 36.68		
36.29 33.89		
7 Claire Enabnit	FR BOON	5:58.71 12
31.78 36.16 36.31 36.36		
36.53 37.15 36.94 36.82		
36.47 34.19		
8 Zelda DeMoss	SR CARO	6:00.83 11
31.40 34.57 36.45 36.52		
36.98 37.93 37.51 38.22		
37.24 34.01		

9 Addison Daniel	JR FTD	6:02.00 9
31.66 35.58 36.46 36.94		
36.94 37.41 37.69 37.30		
36.97 35.05		
10 Natalie Kent	SR CARO	6:05.08 7
32.66 36.64 36.76 37.80		
37.47 37.82 37.03 37.24		
36.66 35.00		
11 Emily Dowd	SR PERR	6:07.54 6
33.49 37.03 38.01 38.09		
37.68 37.67 37.89 37.45		
36.37 33.86		
12 Brenna Ocker	FR SCW	6:23.98 5
33.81 37.40 39.00 39.05		
39.05 39.81 39.79 39.84		
38.66 37.57		
13 Libby Meyer	SO MAR	6:26.90 4
39.64 41.16 39.10 41.65		
41.12 36.95		
14 Nora Lamb	FR OSKA	6:28.62 3
33.24 36.49 39.66 40.13		
40.33 41.29 40.77 40.08		
39.78 36.85		
15 Callie Walters	JR OSKA	6:32.15 2
34.38 37.81 38.76 39.92		
40.27 40.93 40.99 41.60		
40.19 37.30		
16 Dani Goudie	JR BOON	6:41.26 1
34.77 38.60 39.86 40.69		
40.80 41.66 43.20 41.91		
43.10 36.67		
17 Lydia Dose	JR CARO	6:55.17
35.30 39.34 40.20 41.83		
43.67 43.35 43.62 44.06		
43.22 40.58		
18 Jazmine Johnson	FR PERR	6:56.24
32.98 38.33 40.19 42.31		
43.07 44.17 44.99 45.60		
43.74 40.86		
19 Lily Wright	FR BOON	7:10.41
38.81 43.14 44.18 43.87		
44.87 43.52 44.50 43.67		
43.11 40.74		

Event 9 Women 200 Yard Freestyle Relay

Team	Relay	Finals Time
1 AMES		1:38.52 40
1) Saylor Horras JR	2) Suri Hanson JR	
3) Alex Powers SO	4) Reese Winer SR	
24.60 24.84 24.75 24.33		
2 SCW		1:38.54 34
1) Natalie Patee SO	2) Brigid McGowan JR	
3) Grace Aesoph JR	4) Addison Oelke SO	
24.54 24.53 25.16 24.31		

2023 IGHSAU Regional Meet-Ames - 11/4/2023

Results - Swimming

(Event 9 Women 200 Yard Freestyle Relay)

Team	Relay	Finals Time
3 CARO		1:41.44 32
1) Emma Myers SR	2) Natalie Kent SR	
3) Hailey Burns SR	4) Amelia Holt SR	
24.65 27.30	25.23 24.26	
4 MAR		1:43.64 30
1) Lesli Waltermire SR	2) Rachel Case SO	
3) Leia Hernandez FR	4) Averie Wittkop SR	
25.68 26.59	26.59 24.78	
5 FTD		1:44.12 28
1) Julia Eastman JR	2) Delaney O'Connor JR	
3) Kylan Lubensky FR	4) Hailey Vogel JR	
25.98 26.41	27.20 24.53	
6 PERR		1:44.14 26
1) Aleah Karolus FR	2) Lilly Riley SR	
3) Sophia McDevitt SR	4) Quin Mahler-Moreno JR	
26.63 26.56	26.22 24.73	
7 BOON		1:52.98 24
1) Mariana Dubon JR	2) Tessa Gute SO	
3) Josalyn Elmquist SR	4) Claire Enabnit FR	
28.74 27.91	27.75 28.58	
8 OSKA		2:00.28 22
1) Alice Carminati SR	2) Lily Spangenburg JR	
3) Kenzie Kanis SO	4) Grace Moore SR	
29.96 31.83	29.73 28.76	

Event 10 Women 100 Yard Backstroke

Name	YrSchool	Finals Time
1 Erin Mahoney	SO SCW	58.57 20
28.45 30.12		
2 Elizabeth Powers	SR AMES	59.23 17
29.25 29.98		
3 Grace Aesoph	JR SCW	59.55 16
29.27 30.28		
4 Julia Eastman	JR FTD	1:00.73 15
29.56 31.17		
5 Jaylyn Light	SO AMES	1:00.78 14
29.56 31.22		
6 Ky Thompson	FR AMES	1:02.90 13
30.11 32.79		
7 Mai Wellingerhof	SR CARO	1:03.31 12
30.63 32.68		
8 Maria McGowan	SR SCW	1:03.66 11
30.81 32.85		
9 Avery Howie	FR BOON	1:03.85 9
31.16 32.69		
10 Vivian Bolibaugh	SO OSKA	1:07.34 7
32.18 35.16		
11 Ella Perry	SO CARO	1:08.97 6
34.03 34.94		
12 Ella Walter	FR OSKA	1:14.17 5
35.60 38.57		
13 Meranda Gruber	FR CARO	1:14.87 4
36.59 38.28		
14 Kate Jones	SR MAR	1:15.06 3
37.07 37.99		
15 Alex Lasack	FR MAR	1:16.75 2
36.93 39.82		

16 Savannah Witte	SO BOON	1:18.51 1
37.89 40.62		
17 Madeline McDevitt	SO PERR	1:19.69
38.12 41.57		
18 Callie Walters	JR OSKA	1:19.79
38.99 40.80		
19 Lily Wright	FR BOON	1:23.87
40.46 43.41		
20 Cali Hernandez	FR PERR	1:25.41
40.58 44.83		

Event 11 Women 100 Yard Breaststroke

Name	YrSchool	Finals Time
1 Emma Myers	SR CARO	1:04.08 20
29.53 34.55		
2 Andra Robertson	JR AMES	1:04.28 17
31.06 33.22		
3 Reese Winer	SR AMES	1:04.63 16
30.46 34.17		
4 Alex Powers	SO AMES	1:06.42 15
31.29 35.13		
5 Quin Mahler-Moreno	JR PERR	1:06.59 14
31.45 35.14		
6 Brigid McGowan	JR SCW	1:09.03 13
32.09 36.94		
7 Raegan Wooldridge	SR FTD	1:11.74 12
32.81 38.93		
8 Cora Snakenberg	SO OSKA	1:14.55 11
34.79 39.76		
9 Brooke Lile	JR BOON	1:15.94 9
34.99 40.95		
10 Elise Monahan	SO DMH	1:16.73 7
35.87 40.86		
11 Addison Huntington	SR PERR	1:18.26 6
37.37 40.89		
12 Avery Overland	JR BOON	1:18.27 5
36.73 41.54		
13 Rachel Case	SO MAR	1:19.14 4
37.28 41.86		
14 Kenzie Kanis	SO OSKA	1:19.43 3
38.38 41.05		
15 Maya Delgadillo	JR SCW	1:19.58 2
37.22 42.36		
16 Rachel Moody	SR FTD	1:20.29 1
37.69 42.60		
17 Katelyn Brandhorst	SO BOON	1:20.79
37.72 43.07		
18 Karlee Pearson	FR FTD	1:22.19
39.86 42.33		
19 Leah Nystrom	SO CARO	1:23.76
39.81 43.95		
20 Brenna Ocker	FR SCW	1:28.51
41.07 47.44		
21 Meredith Kodis	SR MAR	1:36.38
44.23 52.15		
22 Morgan Bear	SO MAR	1:39.06
44.92 54.14		

2023 IGHSAU Regional Meet-Ames - 11/4/2023

Results - Swimming

(Event 11 Women 100 Yard Breaststroke)

Name	YrSchool	Finals Time
--- Lydia Nelsen	JR PERR	DQ 1:53.14
54.30	58.84	

Event 12 Women 400 Yard Freestyle Relay

Team	Relay	Finals Time
1 SCW		3:33.66 40
1) Natalie Patee SO	2) Erin Mahoney SO	
3) Grace Aesoph JR	4) Addison Oelke SO	
25.10 51.80	25.91 54.32	
25.66 53.93	25.33 53.61	
2 AMES		3:38.63 34
1) Suri Hanson JR	2) Elizabeth Powers SR	
3) Riley Snakenberg JR	4) Andra Robertson JR	
26.37 54.78	26.45 55.17	
26.26 55.00	25.80 53.68	
3 PERR		3:47.20 32
1) Lilly Riley SR	2) Aleah Karolus FR	
3) Sophia McDevitt SR	4) Quin Mahler-Moreno JR	
28.02 57.83	27.16 57.83	
27.17 57.00	26.22 54.54	
4 CARO		3:51.16 30
1) Mai Wellingerhof SR	2) Zelda DeMoss SR	
3) Natalie Kent SR	4) Hailey Burns SR	
26.96 56.21	28.56 59.05	
28.08 59.66	26.17 56.24	
5 MAR		3:51.83 28
1) Averie Wittkop SR	2) Maisie Gummert SO	
3) Leia Hernandez FR	4) Lesli Waltermire SR	
26.74 56.02	28.61 1:00.23	
28.22 1:00.13	25.77 55.45	
6 BOON		4:00.21 26
1) Rachel Ungs SO	2) Claire Enabnit FR	
3) Avery Howie FR	4) Brooke Lile JR	
28.40 58.50	29.32 1:02.73	
27.93 58.06	28.96 1:00.92	
7 FTD		4:04.06 24
1) Gracie Harvey SO	2) Delaney O'Connor JR	
3) Kylan Lubensky FR	4) Raegan Wooldridge SR	
28.93 1:00.41	28.80 1:01.33	
29.33 1:01.29	28.82 1:01.03	
8 OSKA		4:27.02 22
1) Grace Moore SR	2) Emma Whitt SO	
3) Ella Walter FR	4) Emma Adams SR	
31.32 1:04.47	32.87 1:09.60	
30.42 1:05.48	31.68 1:07.47	

9. Dsm, Hoover

7

Scores - Women**Women - Team Rankings - Through Event 12**

1. Ames	512
2. Sc, West	358
3. Carroll	246
4. Fort Dodge	233
5. Marshalltown	226
6. Perry	196
7. Boone	169
8. Oskaloosa	107
9. Dsm, Hoover	7

Combined Team Scores**Combined Team Scores - Through Event 12**

1. Ames	512
2. Sc, West	358
3. Carroll	246
4. Fort Dodge	233
5. Marshalltown	226
6. Perry	196
7. Boone	169
8. Oskaloosa	107